

Identifying Malnutrition

Part of a monthly series from The Gerontological Society of America publication,
What We Know and Can Do About Malnutrition


Top Six Recognized Signs of Malnutrition

1  **Feeling weak**

4  **Long recovery from illness**

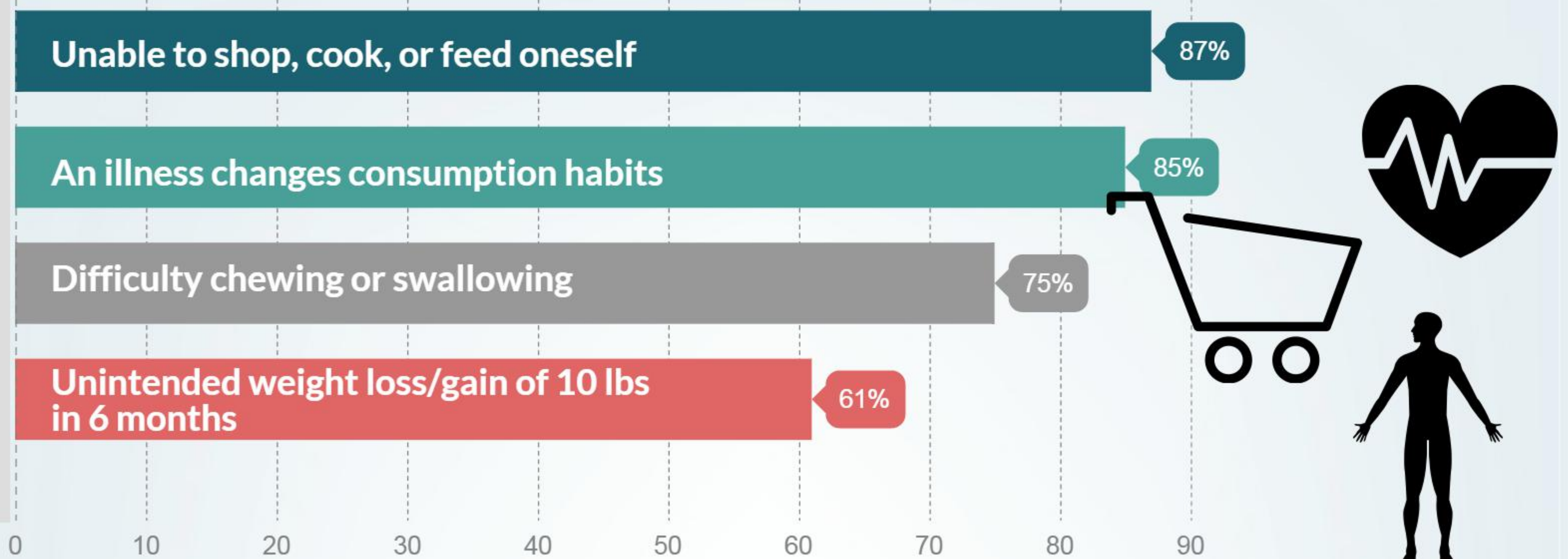
2  **Losing weight without trying**

5  **Digestive problems**

3  **Becoming sick more often**

6  **Slow wound healing**

Common Causes of Malnutrition



Want to learn more about malnutrition?
Visit bit.ly/MalnutritionGSA

Participants in this study were provided through the Harris Panel, including members of its third party panel providers.