

Learning about Malnutrition

Part of a monthly series from The Gerontological Society of America publication,
What We Know and Can Do About Malnutrition

76% of adults identify their healthcare professional as the most likely source they would go to for information about malnutrition

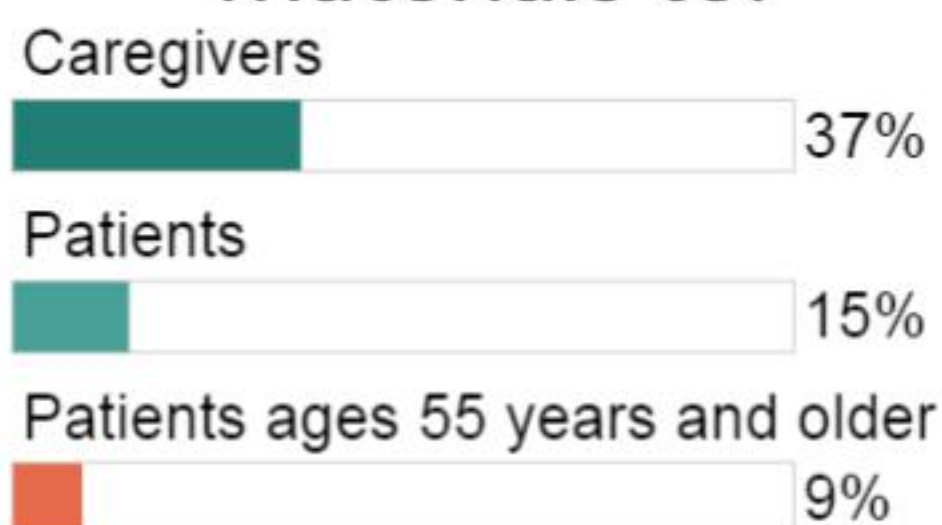


However...

Only 17% of adults stated that their healthcare professional has offered any specific diet or nutrition information in the last year



In 2015, healthcare professionals gave nutritional education materials to:



Top Nutritional Guidance from Healthcare Professionals:

1. Educational materials (17%)
2. Referral to a dietitian/nutritionist (9%)
3. Recommendations on oral nutritional supplements (7%)



These findings speak to the importance of building routine malnutrition screening & intervention skills into healthcare professionals' training, education, & practice.

Want to learn more about malnutrition?
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Participants in this study were provided through the Harris Panel, including members of its third party panel providers.