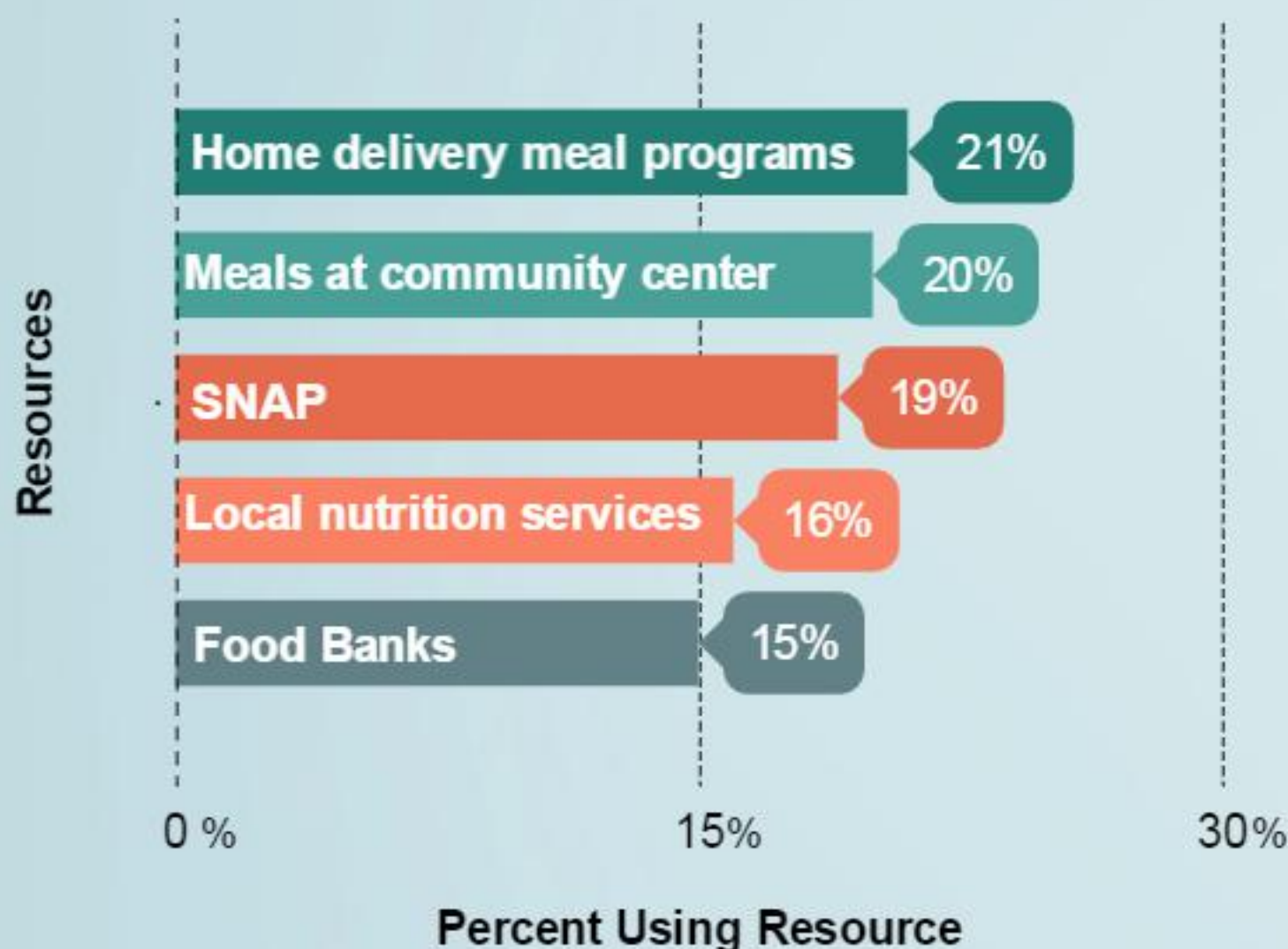


Engaging Communities in Addressing Malnutrition

Part of a monthly series from The Gerontological Society of America publication,
What We Know and Can Do About Malnutrition

Older Adults Using Community Resources



The majority of family caregivers (56%) reported that the older adult in their care does not use any of the community nutrition resources listed.

Community Actions

There is an opportunity to include malnutrition screening and intervention into healthcare quality initiatives. This effort could link malnutrition interventions directly to available community nutrition resources and programs.



Importance of good nutrition for older adults*

- > 83% very important to being healthy overall
- > 81% very important in helping recover from illness or hospitalization
- > 80% very important to having a good quality of life
- > 68% very important to being able to live independently
- > 67% very important to saving on healthcare costs

* Adults and family caregivers rated how important good nutrition is for older adults.

Want to learn more about malnutrition?
Visit bit.ly/MalnutritionGSA

Participants in this study were provided through the Harris Panel, including members of its third-party panel providers.